

Adams Physical Rehab & Spine Center, LLC

CONFIDENTIAL HEALTH HISTORY

Patient Name: _____ Referring Physician: _____

Are you aware of your diagnosis that we are treating you for: yes no

Have you had any other orthopedic injuries or surgeries: yes no

If yes please explain: _____

Do you or have you had any of the following:

- | | | |
|--|---|---|
| <input type="checkbox"/> High/low blood pressure | <input type="checkbox"/> AIDS | <input type="checkbox"/> TB |
| <input type="checkbox"/> Low Blood Sugar | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Blood thinners | <input type="checkbox"/> Stroke | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Chemotherapy/Radiation |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Chronic Diseases | <input type="checkbox"/> Pacemaker |

Are you currently pregnant: yes no n/a

Is there anything else we should know about your health: _____

Tell us about your condition:

When did you first notice your pain or symptoms due to this injury/diagnosis: _____

How did your symptoms/injury occur? _____

Where is the pain/symptoms currently? _____

Due to the injury/symptoms, what activities can you not perform? _____

Rate your current pain level on a scale of 0-10 (1= no pain 10=pain so severe I need to go to the ER)

1 _____ 10

To the best of your knowledge, please provide your height _____ and weight _____

Do you have problems with exercise? Yes No if yes please explain _____

How did you know about our clinic? _____